



# Niagara ARES

September 12, 2019

Volume 3 Issue 9

**Special points of interest:**

- Niagara ARES Newsletter will be published periodically and emailed to ARES members in the Niagara Region. / Website: <http://www.aresniagara.ca/>
- Niagara ARES CEC is Henry, VA3OV.
- Contact Henry at: va3ov@bell.net.
- Newsletter prepared by Geddie, VE3CJX.
- To unsubscribe from this newsletter, contact Geddie at ve3cjx@cogeco.ca
- **Niagara ARES Voice Net every Monday 8:00pm VE3RAF & Packet Net on Wednesdays.**



## *Summer of 2019 in Reflection ... Well Worth the Effort*

Again this year the cross border handshake for “Ride for Roswell” was a success. Thank you to all the volunteers that participated. Here is the note from the event organizer:

*Thank you for your support of The 2019 Ride For Roswell! Without you, The Ride would not be possible. Our team deeply appreciates your collaborative efforts throughout the year to prepare for The Ride, as well as all the extra hours you put in. While it's fresh in our minds, please accept this "Hold The Date" for the 25th Annual Ride For Roswell on Saturday, June 27, 2020. We will follow up with formal requests and applications. Because you were on our team, The Ride For Roswell had another incredibly successful year!*

***More than 10,000 riders and volunteers participated in the Ride. We raised more than \$5.5 million for cancer patients. Since 1996, The Ride For Roswell has raised more than \$53 million for Roswell Park.***

*Your efforts have a real impact. Your support helps fuel lifesaving cancer research studies and compassionate, innovative patient-care programs. Most importantly, you've brought us one step closer to finding cancer cures and saving more lives. We hope to celebrate the 25th annual Ride with you on Saturday, June 27, 2020!*

*On behalf of the patients, faculty and staff at Roswell Park Comprehensive Cancer Center,*

THANK YOU!

THOMAS JOHNSTON  
*Special Events Operations Manager  
Roswell Park Alliance Foundation*



### **Contents:**

See a Full Array of upcoming Events

- When's the
- Next Meeting?

**September 18**

**Niagara Regional Police  
HQ, Niagara falls**



After Field Day at Black Creek Community Centre and the Niagara Falls, Canada Day Parade there was a lull in our public service activities, however **TECHNITES** have continued and our Radio Courses resume including an Advanced Certificate course, so keep in touch and up-to-date by checking the Niagara ARES and NPARC websites for more details.

The next few months promises to be full of excitements. This season is starting this Sunday, September 15 in Niagara Falls supporting the Terry Fox Run, which will start at the Gale Centre. Meet at 9:00. We will be working again with St. John's Ambulance and Police and other city and run volunteers and community organizers.

Other activities to **mark on your calendar**: new this year, **Sept. 19**, 6:00pm , BBQ/Junk in the Trunk Swap Meet, Hwy 3 Port Colborne near Rathforn Rd.; new this year, **Sept 21**, early start at Agape Valley Cross Country Run off Kilham Road, off Effingham St. north of Hipwell at Hwy 20.; **Oct. 6**, CIBC Run for the Cure, Niagara Falls; **Oct 14**, Man a Mile Run, Niagara Falls; **Oct. 26**, Fall SET Exercise (GTA) followed on **Nov. 16** by the Niagara Falls Santa Parade.

Most of the events (\*) are fund raising for cancer and children summer camp. This is our way to support great causes. For each of these events listed we will need 8 to 12 volunteers to provide adequate communications. For example: the Agape, Man a Mile and SET, use of mobile radio stations will be necessary at some check points.

**This coming weekend Sept. 15th is the Terry Fox Run.** We are calling for volunteers so let us know and we will send the details right away.

We are invited on **September 21** to provide communication support at the **'Gapper Cross Country Run** at the Agape Valley area. The venue poses some communication challenges that we will overcome. We will need 8 volunteers to provide communications along the XC course. This is an afternoon event from 13:00 to 16:00. Please contact me ASAP by phone or email.

We have more good opportunities to use our radio communication skills and to provide support for other upcoming community events. To sign up for these events contact me at [va3ov@bell.net](mailto:va3ov@bell.net)" or 289-407-4499. Specific details for each of these events will be provided as we are nearing the day.

Join us in our **weekly nets** on air to share your traffic. Also in order to get ready for our **annual SET on October 26th**, come out and practice taking and writing voice messages before the meeting. So Bring your ICS forms which you can download from the Niagara ARES website.

We have good participation on the **Thursday TECHNITES**. New faces are dropping by to share their experiences. We are presently working on some vertical antenna designs of obscure origin. Hopefully they will be completed in time for the next big HF contest. We will need operators to participate in this 48 hours contest. It should be fun.



The **Fall SET Exercise is scheduled for Saturday October 26 from 07:30 to 13:00.** Message handling in voice, packet and Winmore will be included in the scenario. Heads UP... earthquakes are on a lot of peoples mind.

**The RAFMARC is providing the NIAGARA ARES Group  
with a series of great repeaters:**

**VE3RAF 145.190MHz T 107.2Hz Analog**

**VE3RFM 442.250MHz T 107.2Hz Analog / C4FM (Fusion)**

You are invited as well as encouraged to use them.

Refer to the March 2019, ARES newsletter for more details.

The **Monday night Niagara ARES Net** presently runs on 145.190Mhz analog but starting on **Monday September 16** we will conduct **a second net on the Fusion repeater on 442.250MHz using digital mode.** Everyone is welcome to participate. We will test the coverage of Simplex digital mode in the near future also.

So for now, see you at the **next Niagara ARES meeting** at the **Niagara Regional Police Headquarters** at 5700 Valley Way , Niagara Falls on **Sept. 18, 2019,** starting at 18:30. Come early for some message handling practice beforehand.

**Henry Jarzyna, VAOV, EC**

**Group Coordinator Niagara ARES**

**Certified Emergency Coordinator**

**va3ov@bell.net**

**289-407-4499**





The 'Gapper' is truly a Unique Experience.. Check it out!

The 'Gapper's 1K, new 2.5K and 5 K routes traverse through beautiful scenic view of the 140 acres of the rolling hills of "Agape Valley" in Pelham, Ontario (nearby to Effingham's "Short Hills"). This upcoming event marks our 9th year running the 'Gapper, and we expect even more runners to join us on September 21st, 2019.

#### 1K Fun Run

The 1K fun run is the first event after registration and check-in. This is especially well-suited to children and families as the course is less demanding both for length and the kind of terrain the runners experience.

#### 2.5K Fun Run

The 2.5K fun run is the next event immediately after the 1K. This is especially well-suited to middle school students with moderate length and terrain.

#### 5K Challenge

Shortly after the completion of the 2.5K, the epic 5K begins. The 5K is probably one of the most challenging runs of it's length in our region. We're glad to hear previous runners have had a lot of fun participating in it, as well as from friends and family who enjoy cheering them on!

### After the 'Gapper...



After the 'Gapper 1K and 5K are completed, stay and socialize, and enjoy some BBQ, fruit and water (included with registration for all runners) followed by an awards presentation and some draw prizes. **1K awards** for top TEN girls and top TEN boys.

**2.5K awards** for top TEN girls and top TEN boys.

**5K awards** for top male and female overall. Awards for top three men and top three women in each age group (under 15, 16-19, 20-29, 30-39, 40-49, 50+)